

THE PURPOSE-DRIVEN LIFE

DAYS 26 AND 27

**GROWING THROUGH TEMPTATION
DEFEATING TEMPTATION**





DAY 26

**GROWING THROUGH
TEMPTATION**



"Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him."

JAMES 1:12



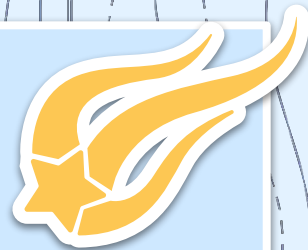


- Temptation is just as much an opportunity to do the right thing as it is one to do the wrong thing – it simply provides the choice
- We develop the fruits when we are put in the exact opposite situation



SATAN'S FOUR-STEP PLAN TO IGNITE TEMPTATION

TEMPTATION → CHOICE



#1



#2



#3



#4

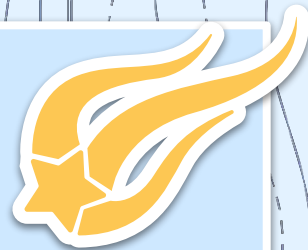


DESIRE

- Satan identifies a **desire** inside of you
- Temptation always begins in the mind: it lies within us as well as around us

SATAN'S FOUR-STEP PLAN TO IGNITE TEMPTATION

TEMPTATION → CHOICE



#1



DESIRE

#2



DOUBT

#3



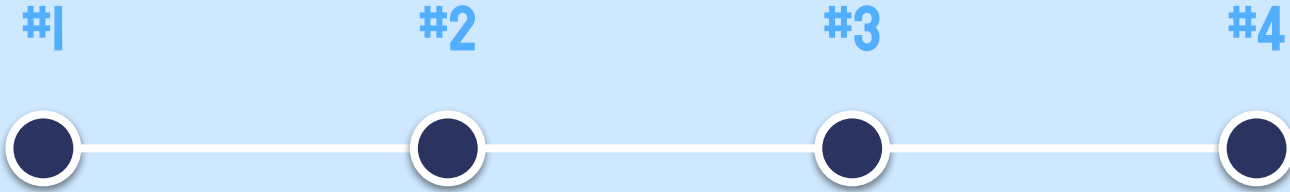
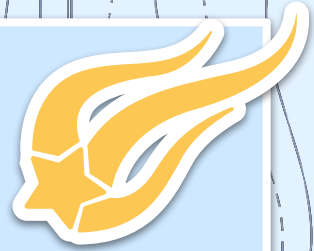
#4



- Satan gets you to **doubt** God's intentions when preventing you from following this temptation
- "Is it really wrong? Didn't God mean this prohibition for someone else? Doesn't God want me to be happy?"

SATAN'S FOUR-STEP PLAN TO IGNITE TEMPTATION

TEMPTATION → CHOICE



DESIRE

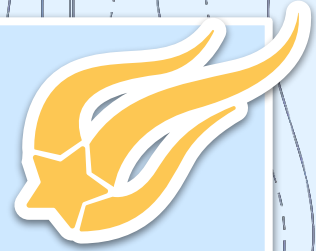
DOUBT

DECEPTION

- Satan **deceives** you by convincing you to commit the act
 - He tells you that you can get away with it, you can outwit God, everyone else is doing it!

SATAN'S FOUR-STEP PLAN TO IGNITE TEMPTATION

TEMPTATION → CHOICE



#1



DESIRE

#2



DOUBT

#3



DECEPTION

#4



DISOBEDIENCE

- After the thought has been developing in your head for a while, it is easy to turn it into an action; an act of **disobedience**

HOW TO OVERCOME TEMPTATION

OPPORTUNITY TO CHOOSE CHRIST



REFUSE

TO BE INTIMIDATED

- Regard a temptation as a compliment; it is not a sign of weakness, it means that Satan is bothered that you are doing something right
- Temptation only becomes a sin when you give into it. It is not a sin to be tempted



HOW TO OVERCOME TEMPTATION

OPPORTUNITY TO CHOOSE CHRIST



REFUSE

TO BE INTIMIDATED



RECOGNIZE

YOUR PATTERN OF TEMPTATION



- Everyone's pattern of temptation is unique, and Satan knows exactly what tempts you most and least
- Always reflect on temptation using the 5 Ws and H: Who/what/where/when/why/how am I tempted (by)?



HOW TO OVERCOME TEMPTATION

OPPORTUNITY TO CHOOSE CHRIST



REFUSE

TO BE INTIMIDATED



RECOGNIZE

YOUR PATTERN OF TEMPTATION



REQUEST

GOD'S HELP

- Psalm 50:15 – “Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me.”
 - When temptation strikes, you do not have to initiate a long conversation with God – you can just cry for help and He will listen
 - developing a personal relationship with Christ provides an important base for your cry for help



HOW TO OVERCOME TEMPTATION

OPPORTUNITY TO CHOOSE CHRIST



REFUSE

TO BE INTIMIDATED



RECOGNIZE

YOUR PATTERN OF TEMPTATION



REQUEST

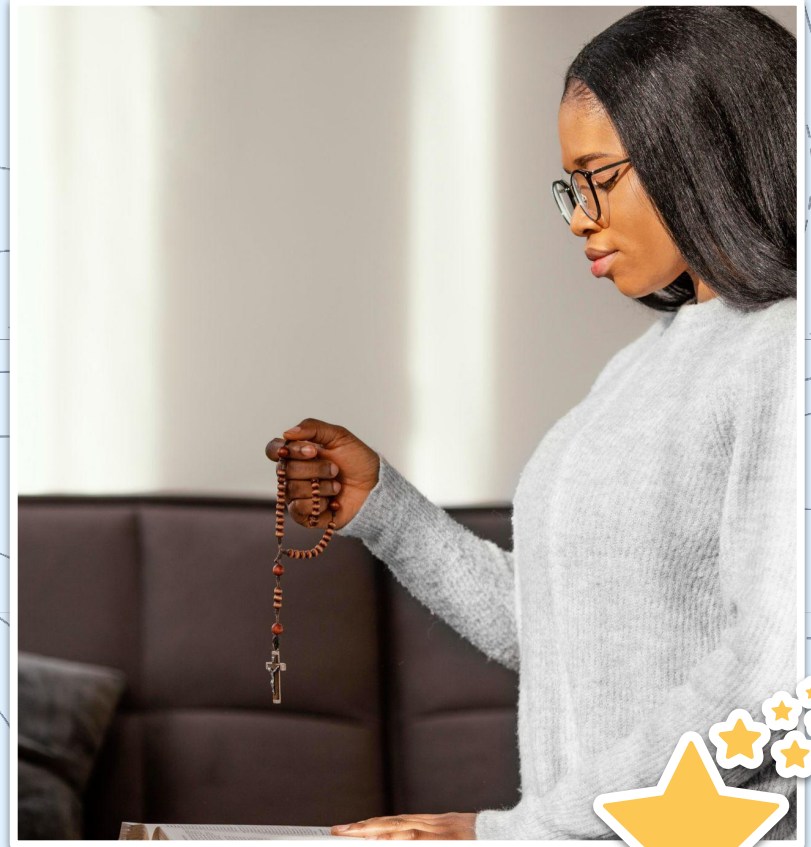
GOD'S HELP

- If God is waiting to help us defeat temptation, why don't we turn to Him more often?
 - We want to give in to temptation sometimes
 - We're embarrassed to ask for help



DAY 26 CONCLUSION

- Every time you stand up to temptation, you become more like Jesus





DAY 27
DEFEATING
TEMPTATION



“Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.”

2 TIMOTHY 2:22



- God will never give you more than you can handle, as insurmountable as your temptations may seem
- The book provides four biblical keys to defeating temptation!



THE FOUR BIBLICAL KEYS TO DEFEATING TEMPTATION



1. REFOCUS

YOUR ATTENTION ON SOMETHING ELSE

- The Bible never tells you to resist temptation (you can't!), but to resist the *devil*
 - Psalm 119:37 - "Turn away my eyes from looking at worthless things. and revive me in Your way."
- We naturally move towards whatever we focus our attention on
- The principle of replacement: to combat bad thoughts, you must replace them with good thoughts; i.e. the Word of God

THE FOUR BIBLICAL KEYS TO DEFEATING TEMPTATION



1. REFOCUS

YOUR ATTENTION ON SOMETHING ELSE

2. REVEAL

YOUR STRUGGLE TO A SUPPORT GROUP

- Have at least one person to confide in – it keeps you grounded and accountable, you should pray for and encourage each other
 - especially if you have been chronically struggling with a temptation
- You should not hide your hurt – humble yourself
 - remember that millions of Christians are fighting with you
- What are you pretending isn't a problem in your life? What are you afraid to talk about?

THE FOUR BIBLICAL KEYS TO DEFEATING TEMPTATION



1. REFOCUS

YOUR ATTENTION ON SOMETHING ELSE

2. REVEAL

YOUR STRUGGLE TO A SUPPORT GROUP

3. RESIST

THE DEVIL

- **first**, accept God's salvation
 - remember that as a child of God, Satan can't force you to do anything, he can only suggest
- **second**, use the Word of God as your weapon against Satan
 - the devil has hundreds of thousands of years of experience - you can only combat that by internalizing the Word that has been true for even longer

THE FOUR BIBLICAL KEYS TO DEFEATING TEMPTATION



1. REFOCUS

YOUR ATTENTION ON SOMETHING ELSE

2. REVEAL

YOUR STRUGGLE TO A SUPPORT GROUP

3. RESIST

THE DEVIL

4. REALIZE

YOUR VULNERABILITY

- any of us can fool ourselves, don't let your guard down
- this mindset keeps you rooted in God, since you realize how little you can do without Him
- remember that it is easier to *stay* out of temptation than to *get* out of it

DAYS 26 AND 27

RECAP



TEMPTATION RECAP

THE PROCESSES OF TEMPTATION

1. temptation
2. choice
3. opportunity to choose Christ
4. development of the fruits of the Spirit

SATAN'S PLAN TO TEMPT YOU

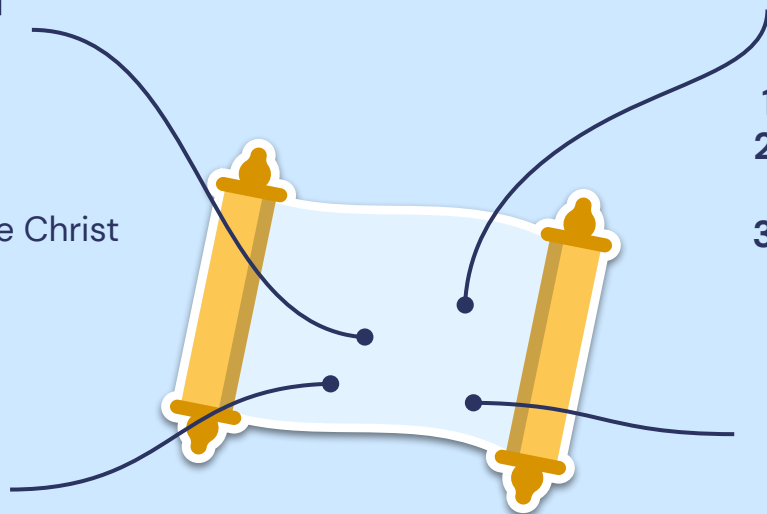
1. desire
2. doubt
3. deception
4. disobedience

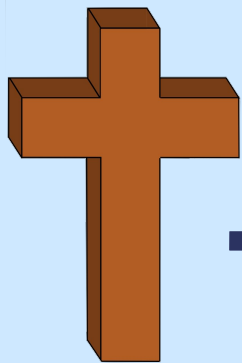
OVERCOMING TEMPTATION

1. **refuse** intimidation
2. **recognize** your pattern of temptation
3. **request** God's help

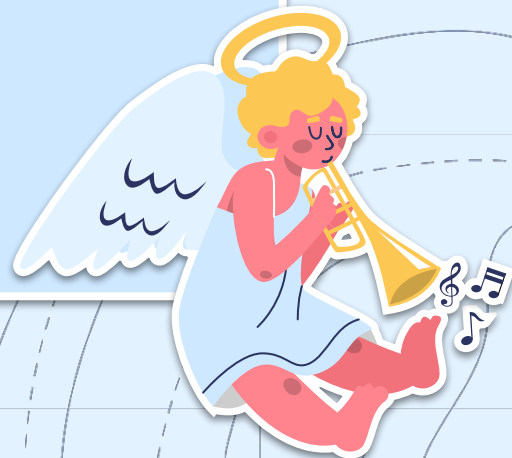
DEFEATING TEMPTATION

1. **refocus** your attention
2. **reveal** your struggles
3. **resist** the devil
4. **realize** your vulnerability





THANK YOU!



THE PURPOSE DRIVEN LIFE: Day 28 IT TAKES TIME

By Angelina Samaan



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**WHY
SPIRITUAL
GROWTH
TAKES TIME**

02

**HOW TO
COOPERATE
WITH GOD IN
SPIRITUAL
MATURITY**

“Some people grow old but never grow up.”

There are no shortcuts to maturity.
The development of Christlike character cannot be rushed.
Spiritual growth (sanctification), like physical growth, takes time.





“While we worry about how fast we grow, God is concerned about how strong we grow. God views our lives from and for eternity, so He is never in a hurry.”

Salvation is the acceptance of the gift of salvation from God **by faith and worship, in Christ alone**; it is not an immediate total commitment of your life to Christ at first, since at spiritual birth you understand very little about true commitment. The process of true commitment requires the ripening of the fruit of the Holy Spirit in your life, which is time consuming, gradual, and with many steps. It takes *believing (through worship), belonging (through fellowship) and becoming (through discipleship choices)*.

01

**WHY IT
TAKES TIME**



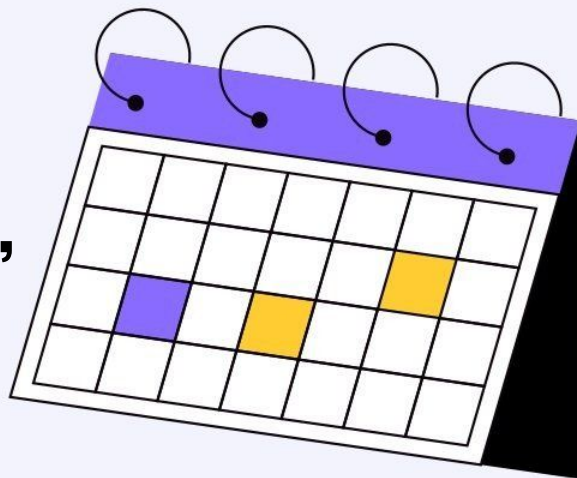
- **Saved humans are slow learners.**

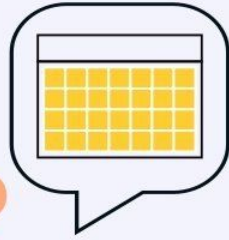
- **Saved humans have much to unlearn.**

- **Saved humans hang on to pride while avoiding personal truth.**



- **Spiritual growth is often painful and scary.**
- **Spiritual growth must be habitual, a time consuming development.**





02

HOW TO COOPERATE WITH GOD



➤ **Exercise faith and minimize feelings.**

➤ **Keep a record of learned lessons.**

➤ **Exercise patience with God and self.**

➤ **Don't get discouraged.**



Spiritual growth is a lifetime commitment and process. A Christian must be patient with themselves and with God in the endeavor. In believing, belonging, and becoming to be more Christlike, and the exercise of proper choices in cooperation with the Holy Spirit, the Christian will continually be conformed to the image of Jesus Christ. *Faith and persistence* and *not feelings* are to be the Christian's focus in this preparation of his character, which they will take with them to their eternal home. They must always remember that God is not so much concerned with swiftness, but in strength and stability in the sanctification process.



THANKS!

